

CARE TO SHARE

EST. 1985

FALL 2009

A community sponsored emergency help network serving Beaverton, Aloha and West Portland neighborhoods.



Food Line: 503-591-9025
Rent Line: 503-924-3129
Utilities Line: 503-726-0407

Help in Hard Times

In the face of Oregon's worst economy since the Great Depression, the Care to Share emergency help network served 7,781 families during winter and spring 2009. That's 1,427 more families than during the same period last year.

Among those seeking help, 1928 were first-time callers. Many had lost jobs and feared they'd lose their homes next. Most were running out of food.

"We were able to meet the need," said Rachel Vellom, food box coordinator. "They all got fed; it's amazing!" The network's food pantries made it happen by extending hours and serving more families. Three new church pantries joined the 18 existing ones in giving out 7,373 food boxes.

A new challenge emerged-- serving the growing number of homeless families who now were camping out or living in motels. They needed ready-to-eat food or microwavable items. Many became regular guests at hot meal sites like Faith Cafe in Beaverton and St. Luke's Community Table in SW Portland. Churches like Holy Trinity partnered with nearby Beaverton district schools to turn cafeteria extras into meals for needy neighbors.

As the cold winter drove up utility bills, Nancy Andrade, energy assistance coordinator and her assistant, Irma Juarez, fielded some 40

calls daily from people with shut-off notices. "Some cried, yelled, all were frustrated," recalled Andrade. "There are some pretty sad stories out there."

CTS was able to prevent heat, light or water shut-off for 340 families during the first six months of 2009, with funding from Oregon Heat, utility companies and private donations.

The summer months have been less demanding at CTS. "I think we've hit bottom and now it will take a while for people to rebound," said Dorie Horne, CTS executive director. Andrade's summertime focus is more on water service shut-offs since CTS is the only agency offering that aid in Washington County. She's grateful for the generosity of local utilities and donations from their customers, she said.

October will bring a positive move for Care to Share -- a relocation down the street where staff and volunteers won't be so squeezed for space. Nike's generosity in hosting a benefit concert Oct. 9 brings the promise of renewed rent and utility funding for the coming cold months.

A cautious but upbeat calm prevails these days at CTS. It helped 31,000 children and adults survive the bad months of 2009. Together with network churches, Care to Share is ready to respond to whatever 2010 brings. ♣

Network Numbers

(Jan-June 2009)

7,781

Families helped

31,000

Children & adults served

7,373

Food boxes provided

500

Volunteers worked at
21 food pantries

341

heat, light, or water
shut-offs averted

Backpacks Brighten Start of School

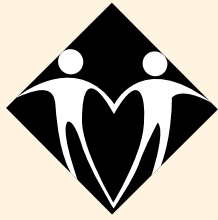
Over 700 local elementary students are smiling. They are the proud recipients of colorful, fully-stocked backpacks, thanks to the CTS fourteenth annual back-to-school project.

CTS board member Marty Mandt again led the buying and packing effort, assisted by 50 volunteers. The backpacks were delivered to the 22 schools with the highest percentage of students eligible for the federal free/reduced fee meal program in the Beaverton School District.

Generous gifts, totaling \$17,000, made this project possible. Thank you to our principal donors: Valley Community Presbyterian Mission Endowment, Leupold & Stevens Foundation, Fred Meyer Fund, and the Juan Young Trust.



The McLoughlin kids get set to help deliver backpacks to local schools. (from left) Jackson, 5; Ellie, 8; Katie, 12, and Marty Mandt, project leader.



Board of Directors

Jim Ahl, president
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 Cookie Clifford, secretary
 Darlene Butcher
 Tom Doggett
 John Kingery
 Kenya Palmer
 Nick Parker
 Bob Richardson

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Lynne Chapman

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Staff

Dorie Horne, executive director
 Rachel Vellone, foodbox coordinator
 Nancy Andrade, energy assistance

Foodbox Network

Aloha Church of God
 Beaverton Seventh Day Adventist
 Bethel United Church of Christ
 First United Methodist Church
 Holy Trinity Catholic Church
 Hope Pantry
 Murray Hills Christian Church
 Prince of Peace Lutheran Church
 St. John Fisher Catholic Church
 Shepherd of the Valley Lutheran
 St. Bartholomew's Episcopal Church
 St. Cecelia Catholic Church
 St. Elizabeth Ann Seton Catholic Church
 St. Matthew Lutheran Church
 St. Pius X Catholic Church
 Summit View Covenant Church
 Sunset Presbyterian Church
 The Lord's Cupboard
 The Lord's Harvest House
 Unity of Beaverton
 Westside Church of Christ

Schools "Fork it Over" for Food Pantry

Holy Trinity Catholic Church has added a new offering to its food pantry following a successful spring trial run of "Fork it Over", a joint project with the Beaverton School District

Twice a week, cafeteria leftovers from four nearby schools are delivered to the pantry. Volunteers re-package the fresh meat, vegetables and fruit into instant meals. "Our clients are very appreciative, especially the homeless and those with limited cooking facilities," said Kenya Palmer, the parish's business manager and outreach coordinator. "No food is tossed and each delivery feeds about 100 people. Everyone gets something from it!"

The extra fresh food is a blessing for a pantry that operates three days a week and this year has seen a 47% increase in food box requests. In July alone, 242 households totaling 938 people were served, said Kathy Brasington, pantry supervisor.

While the pantry provides on-going support for many low-income families, it has seen an increase in the "newly in need" who never thought they would be seeking help, Brasington said. "They've lost jobs; their unemployment's running out."

"The hardest thing is watching our



Re-packaging school cafeteria food are Nolan Good, his grandmother Marie Ferguson and Maria Vlasman.

donors become our clients," Palmer observed. Pantry workers are trained to offer contact information to help these new clients navigate the social service system, she said.

Both church leaders praise their church members' commitment to keeping the pantry shelves full, and appreciate their neighboring Beaverton Four-square Church's food drive support.

"We're in really good shape even though the numbers keep growing," Palmer said. "We don't turn anyone away; that's the best feeling!"

Holy Trinity's food ministry was started 25 years ago by Pat Zandonatti, who also saw the need for a screening and referral system and created Care to Share. ♦



McCormick's Fish House Manager Bev Edwards is flanked by appreciative CTS officers Cookie Clifford and Jim Ahl during a CTS benefit night.

New Leaders Elected

Jim Ahl, a local insurance agency owner, is Care To Share's new Board president. He will serve with Gail Key-Benson, vice-president; and Cookie Clifford, secretary. Joining the Board are Tom Doggett, Kenya Palmer and John Kingery.

Ahl, is an active food pantry volunteer and trustee of Murray Hills Christian Church. He is a Tigard resident and University of Washington graduate. Ahl and his wife Janice have four grown children. Ahl has previously served as a board member for youth sports, school and homeowners' organizations.

Ahl said his initial focus will be on helping promote the October benefit concert and being involved in other fundraising efforts. "Doors continue to open as others have seen the crying need for emergency food, rent and utility assistance," he said

Leaving the Board are Marty Mandt, Kathy Johnson and Betty Stern, whose valuable contributions were vital to CTS' work. CTS wishes them well. ♦

Benefit Concert Features Local Artists

Nike's Stanford Theater will host a musical gala, "Sound of Feeling", featuring talented local artists in a benefit concert for Care to Share's emergency services. The event will take place Friday, Oct. 9, at 7 p.m. on the Nike campus. Doors open at 6 p.m.

The concert headliner will be Michael Allen Harrison, Portland's internationally renowned pianist-composer. His music spans many genre from classical contemporary to new age and smooth jazz, including performing his own compositions. Harrison has entertained for President



Michael Allen Harrison

Clinton and performed his piece "Remembrance" at the United Nations. His compositions were played for two space shuttle crews. A committed supporter of non-profit work, Harrison founded the Snowman Foundation, dedicated to sustaining and restoring school music programs.

The evening will open with Rich Layton's band, "The Troublemakers", offering Texas-style blues and rock. They'll be followed by "Lighten Up", a light jazz quintet featuring Marvella McPartland.

Between sets, guests will enjoy complimentary hors d'oeuvres and beverages. Concert tickets are \$50 and may be purchased by calling 503 277-2402. Most major credit cards accepted.

Care to Share is grateful to the performers who are sharing their talents without charge and to Nike for providing the venue and refreshments.

Event organizers are Lesa Lavelle-Nunez, chair; Gail Key-Benson, Jim Ahl, Kenya Palmer, and Ingrid Lowery.



"Got Cancelled Stamps?"

Marion Sanchez will be fondly remembered for her giving spirit and her quizzical "Got cancelled stamps?" CTS's Monday volunteer for nearly 20 years died July 10 at the age of 86. Her memorial service will be held Oct. 16 at 5 p.m. at Beaverton First United Methodist Church.

Whether she was answering phones, filling backpacks, or picking up donated bread, Marion was happiest helping others. Seldom idle, she spent hours "recycling" cancelled stamps by collecting and selling them to benefit CTS and her church. Her final four boxes of stamps were collected shortly before she died. How fitting!

Your Financial Support is Making a Difference

Thank you, donors, for your gifts received from January 2 to July 24, 2009.

Friends of Care to Share Unrestricted gifts of \$1000 or more

Joyce Bjorge
Cedar Hills United Church of Christ
Cedar Mill Bible Church
Lynne & David Chapman
Michael & Barbara Ellsworth
Dorothy Godfrey
Kiwanis Club of Cedar Hills
William Lawrence III
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St. Matthew Lutheran Church
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Churches

Allen Boulevard Baptist Church
Aloha Christian Church
Beaverton Seventh Day Adventist
Bethany Baptist
Calvary Baptist Church
Church of the Nazarene
Evergreen Presbyterian Church
First United Methodist Church of Beaverton
Mission Of Atonement Fellowship
Murray Hills Christian
Prince of Peace Lutheran Church
Rose City Park Presbyterian Church
Somerset Christian Church
Southminster Presbyterian Church
Southwest Bible Church
St. Andrew Lutheran Church
St. Cecilia St. Vincent dePaul
St. Elizabeth Ann Seton
St. Vincent dePaul
St. Pius X St. Vincent dePaul



Harry Stewart and Pat Zandonatti, CTS founder, remain faithful financial supporters.

Businesses & Organizations

McCormick's Fish House
PEO Chapter FK
Sisters of St. Mary of Oregon
Skyline Business Systems
XI IOTA Sigma Phi Gamma

Government & Foundations

City of Beaverton
Clean Water Services
Fred Meyer Fund
Leupold & Stevens Foundation
Oregon Heat
Tournament Golf Foundation
Tualatin Valley Water District
Valley Community Presbyterian Mission
Endowment
Juan Young Trust

Care to Share assists families and individuals seeking emergency food and other basic needs. Our aim is to help people through crisis situations and to connect them with other community services as needed.

Care to Share

17881 S.W. Tualatin Valley Hwy.
Beaverton, OR 97006

On the Web

www.caretosharehelp.org

How We Can Help

Emergency food boxes
Rent and utility assistance
Information and referral

Who We Serve

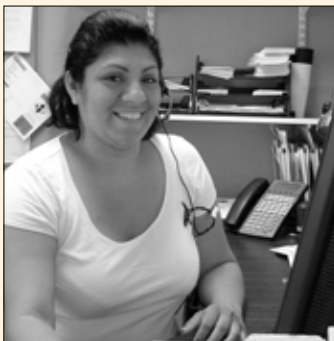
Residents of Beaverton, Aloha and Portland zipcode areas 97005, 97006, 97007, 97008, 97225 and 97229

Call

Food: 503 591-9025
Utility help: 503 726-0407
Rent help: 503 924-3129

Hours

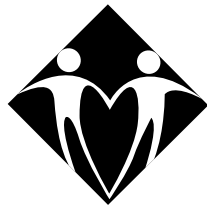
Monday-Friday
9 a.m. - noon; 12:30 - 3 p.m.



Helping avert utility shut-offs is Nancy Andrade's specialty.

Care to Share Newsletter

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Beaverton Honors Care to Share

Care to Share has received a 2009 Service to Beaverton Award, recognizing its widespread community impact as an emergency help network. The award was presented at the City's annual Volunteer Recognition Night in May.

"We are delighted by this wonderful tribute," said Betty Stern, outgoing CTS board president. "I can't think of another organization that touches the community in quite the way we do, especially with our 500 food pantry volunteers."

CTS has received financial support from the City for many years. "It's nice to know that the City feels that its investment has benefited so many in our area," Stern noted.

The service award is also a tribute to Stern's commitment to Care to Share. A CTS volunteer for 17 years, she served on the board for 13 years, the last 7 as president. Stern started volunteering as an intake worker, documenting food box requests by hand in 1992. As she



City officials salute CTS. (from left) City Council President Bruce Dalrymple, CTS President Betty Stern, CTS Executive Director Dorie Horne, and Mayor Denny Doyle.

moved into leadership roles, she became the organization's chief fundraiser. Stern founded the annual Harvest Fest dinner auction (which featured her husband Roy's special homemade sausages). She created the CTS endowment fund, nurtured the Friends of Care to Share (\$1000 donors), and annually writes numerous grant proposals.

Betty Stern personifies those who truly care to share their skills, time and commitment for community betterment. She will be missed! 